**Racism, Equity, and Diversity**

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| **Topic** | **Activities/Tools** | **Readings** |
| **What is Oppression?** | [Microaggressions worksheet](https://www.washington.edu/teaching/files/2016/12/InGroupOutGroupLessonPlan.pdf) [Killing Me Softly](http://fobettarh.github.io/Killing-Me-Softly/)[Hatch Discussion Guide](http://media.sheknows.com/article-downloads/hatch-discussion-guide.pdf) | [Are Prisons Obsolete?](https://drive.google.com/file/d/0B_rHUPTSbSn0LVB3QXpBWS05bEk/view?usp=sharing)[What is Racism?](http://www.dismantlingracism.org/racism-defined.html)[White Fragility](https://libjournal.uncg.edu/ijcp/article/viewFile/249/116)[Youth of Color Mentoring (includes resource list)](https://nationalmentoringresourcecenter.org/index.php/30-topic-areas/180-youth-of-color.html) |
| **Responding to Oppression?** | [Psychological First Aid](https://www.nctsn.org/treatments-and-practices/psychological-first-aid-and-skills-for-psychological-recovery/about-pfa)[Tools for Organizational Self-Assessment](https://drive.google.com/file/d/0B_rHUPTSbSn0cmdHMVVGWWVNVFk/view?usp=sharing) | [HEADS UP Critique](https://drive.google.com/file/d/0B_rHUPTSbSn0NHpKaURMU19VaUU/view?usp=sharing)[Decolonization](https://drive.google.com/file/d/0B_rHUPTSbSn0M2trSi1ocEN3TTg/view?usp=sharing) (in the context of Higher Education)[Equity and Empowerment Lens](https://multco.us/diversity-equity/equity-and-empowerment-lens) |
| **Ice-Breakers** |  | [Service Learning Worksheet](https://drive.google.com/file/d/0B_rHUPTSbSn0X2pXemJoN2s2dVE/view?usp=sharing)  |

**College Access Corps Required Components and Suggested Activities by Grade**

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| **Component** | **Grades 4-5** | **Grades 6-10** | **Grades 11-12** |
| **1. Academic Support**Discuss ongoing academic expectations General academic skills development  | Purpose:* Help students develop a postsecondary identity
* Help students strengthen literacy and math skills
* Help students achieve and/or maintain good grades

Possible activities:* Provide [academic support](https://www.khanacademy.org/) with homework
* Provide academic skills workshops (relevant to your population):
	+ Classroom skills
	+ [Study skills](http://www.k5learning.com/study-skills)
	+ [Writing skills](http://www.readingrockets.org/article/teaching-elementary-school-students-be-effective-writers)
 | Purpose:* Discuss why academic skills are important (especially within the framework of a postsecondary identity)
* Introduce [topic of college entrance requirements,](https://www.scholarships.com/resources/college-prep/preparing-for-college/high-school-action-plan/) as well as what requirements for other postsecondary pathways might be.
* Help students strengthen academic skills, and achieve and/or maintain good grades

Possible Activities:* Provide [academic support](https://www.khanacademy.org/) with homework
* Provide academic skills workshops (relevant to your population):
	+ [Time management](https://drive.google.com/file/d/0B0ZXbGDHz_EydkVfekt4UDF5dW8/view?usp=sharing)
	+ Test taking & test anxiety
	+ [Study skills](https://drive.google.com/file/d/0B0ZXbGDHz_EybEZlRW5fSUVFblk/view?usp=sharing)
	+ [Writing skills](https://www.edutopia.org/blog/creating-writers-workshop-secondary-classroom-shelby-scoffield)
 | Purpose:* Reinforce why academic skills are important (especially within the framework of a postsecondary identity)
* Discuss college entrance requirements alongside the requirements for other postsecondary pathways.
* Discuss “[college level” work](http://www.apa.org/ed/precollege/ptn/2014/08/college-freshmen.aspx) and college academic expectations
* Help students strengthen academic skills, and achieve and/or maintain good grades

Possible Activities:* Provide [academic support](https://www.khanacademy.org/) with homework
* Provide academic skills workshops (relevant to your population):
	+ [Time management](https://drive.google.com/file/d/0B0ZXbGDHz_EydkVfekt4UDF5dW8/view?usp=sharing)
	+ Test taking & test anxiety
	+ [Study skills](https://drive.google.com/file/d/0B0ZXbGDHz_EybEZlRW5fSUVFblk/view?usp=sharing)
	+ [Writing skills](https://education.depaul.edu/student-resources/academic-success-center/Documents/501writingprompts.pdf)
	+ [Reading skills](https://drive.google.com/file/d/0B0ZXbGDHz_EyaHV2SEFwcGM5aDQ/view?usp=sharing)
 |
| **2. College/Postsecondary Awareness**General college informationPostsecondary optionsCampus visits | Purpose:* Provide introductory information about [what college is](http://www.wacampuscompact.org/Docs/CAC/Member%20Resources/4th%20-%205th%20College%20Options%20%26%20Scholarships%20Workshop.pdf), what other postsecondary why it is important, and basic types of colleges

Possible Activities:* Classroom or individual discussion
* Visits from college students
* Campus visits
* College Game
 | Purpose:* Provide information about different postsecondary [options](https://drive.google.com/file/d/0B3w6KZnJbasTMHFIb3RNcHFVUFk/view?usp=sharing), as well as information on what life with each of those options might be like

Possible Activities:* [College Jeopardy](https://jeopardylabs.com/play/what-do-you-know-about-college-jeopardy2)
* Visits from college students
* Campus visits
* Online [searches](http://www.wacampuscompact.org/Docs/CAC/Member%20Resources/6-10%20College%20Search%20Description.pdf)
 | Purpose:* Provide detailed information about different postsecondary option

Possible Activities:* Classroom or individual discussion
* Visits from college students & college representatives
* Campus visits
* College fair attendance
 |
| **3. College/Postsecondary Admissions**College and other postsecondary pathways admissions processCollege and other postsecondary pathways application support | N/A | Purpose:* Provide detailed information about the [college admissions process](https://bigfuture.collegeboard.org/get-in/applying-101/applying-to-college-faq), as well as other postsecondary avenues that interest relevant youth populations

Possible Activities:* Discuss high school courses required for admission at relevant colleges and other postsecondary pathways
* Review [PPS graduation requirements](https://www.pps.net/Page/1642)
* Discuss the kinds of extracurricular activities that might be helpful for certain goals
 | Purpose:* Provide detailed information about the [college admissions process](https://bigfuture.collegeboard.org/get-in/applying-101/applying-to-college-faq), as well as other postsecondary avenues that interest relevant youth populations

Possible Activities:* Discuss [Common Application](http://www.commonapp.org/)
* Discuss the kinds of extracurricular activities that might be helpful for certain goals
* Coaches assist seniors with both [college applications](http://mappingyourfuture.org/collegeprep/seniorcalendar.cfm) and other relevant applications
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| **Component** | **Grades 4-5** | **Grades 6-10** | **Grades 11-12** |
| **4. Financial Aid/Financing Postsecondary Aspirations**General financial awarenessGuidance in financial aid process for college and other postsecondary pathways (including FAFSA support when appropriate) | N/A | Purpose:* Educate students about financial awareness (this can and should be relevant to the specific populations being served)

Possible Activities:* Workshops on money management
* Basic exploration of financial aid options
* Sign up middle school students for state financial aid program
 | Purpose:* Educate students about the costs of college, [financial aid options](http://www.finaid.org/), and [the Federal financial aid process](https://studentaid.ed.gov/sa/fafsa)
* Educate students about the costs of other postsecondary pathways and provide information on possible ways to finance said pathways

Possible Activities:* Discuss scholarships, loans, grants, work-study, etc.
* Workshops on money management and local resources
* Coaches assist seniors with the FAFSA
 |
| **5. Education & Career Plan**Education planCareer exploration | Purpose:* Guide students in basic career exploration
* Get students excited about their [future options](http://www.wacampuscompact.org/Docs/CAC/Member%20Resources/4th-6th%20Reaching%20and%20Achieving%20Goals%28002%29.pdf), and show the connection to college
* [Help students develop tools to articulate and develop their identities](http://www.wacampuscompact.org/Docs/CAC/Member%20Resources/4-5%20Tell%20Your%20Story.pdf)

Possible Activities:* Age-appropriate [career exploration](https://kids.usa.gov/teachers/lesson-plans/jobs/government-jobs/index.shtml) games
* Career panel
 | Purpose:* Guide students in more in-depth [career exploration](http://www.wacampuscompact.org/Docs/CAC/Member%20Resources/6-12%20Step%20by%20Step%20College%20Awareness%20and%20Planning%20Early%20High%20School.pdf) and [career goals](http://www.wacampuscompact.org/Docs/CAC/Member%20Resources/11-12%20Identifying%20Career%20Goals.pdf) development

Possible Activities:* Help students choose high school courses that will align with their future goals
* Discuss what careers students are interested in, and what kind of education is needed for these careers
* Career panel
* Resume building
* Discuss classes needed to prepare to pursue education for career of choice
 | Purpose:* Guide students in more in-depth [career exploration](http://www.wacampuscompact.org/Docs/CAC/Member%20Resources/6-12%20Step%20by%20Step%20College%20Awareness%20and%20Planning%20Early%20High%20School.pdf)
* Provide in-depth information on the [educational requirements of specific careers](http://www.educationplanner.org/index.html)

Possible Activities:* Discuss what career fields students are interested in, and what kind of education is needed for these careers
* Career panel
* Job shadow or site visit
* Exploration of possible [college majors](http://collegemajors101.com/)
* Age-appropriate career exploration games
 |
| **6. Support System**Develop a support system of people that youth can talk to about college and other postsecondary plans and goals | Purpose:* Assist in creating a support system of teachers, counselors, mentors, parents, other adults to help support students in developing their postsecondary identities

Possible activities:* Discussions and bonding activities with coaches
* Communication with school staff and family as needed, and as program permits
 | Purpose:* Assist in creating a support system of teachers, counselors, mentors, parents, other adults to help support student’s college going identity.

Possible activities:* Discussions and bonding activities with coaches
* Communication with school staff and family as needed and as program permits.
 | Purpose:* Assist in creating a support system of teachers, counselors, mentors, parents, other adults to help support student’s college going identity

Possible activities:* Discussions and bonding activities with coaches
* Communication with school staff and family as needed, and as program permits
 |

Additional Activity Examples

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| **Component** | **Resource** | **Grades** |
| 1. Academic Support | [A Guide for Homework Help](https://www2.ed.gov/PDFDocs/hyc.pdf)[Study Tips](https://www.understood.org/en/school-learning/learning-at-home/homework-study-skills/how-to-help-your-teen-develop-good-study-habits)[Note Taking](https://www.youtube.com/watch?v=UAhRf3U50lM)  | K-129-124-12 |
|  2. College Awareness | [Planning for College](http://www.going-to-college.org/planning/activities.html)[College Activities for Middle Schoolers](https://www.michigan.gov/documents/mentormichigan/Middle_-_Match_Activity_Ideas_354660_7.pdf)[Counseling and Education Reform](http://www.ecs.org/clearinghouse/78/25/7825.pdf) | 9-126-89-12 |
| 3. College Admissions | [Ready, Set, Grad!](http://readysetgrad.org/)[SAT Practice Test](https://www.khanacademy.org/test-prep/sat)[SAT student guide](https://collegereadiness.collegeboard.org/pdf/sat-student-guide.pdf) | 6-1210-1110-11 |
| 4. Financial Aid | [Scholarships](https://www.scholarships.com/)[Practical Money Skills- Lesson Plans](https://www.practicalmoneyskills.com/foreducators/lesson_plans/)[FAFSA by High School Completion](https://studentaid.ed.gov/sa/about/data-center/student/application-volume/fafsa-completion-high-school) | 11-12K-1211-12 |
| 5. Educational and Career Plan | [Career Exploration](https://theschoolcounselorkind.wordpress.com/2014/05/26/career-unit-k-5/)[Career Exploration](https://bigfuture.collegeboard.org/explore-careers)[Career Outlook](https://www.bls.gov/careeroutlook/home.htm) | K-58-129-12 |
| 6. Support System | [More Ice Breakers](http://hative.com/ice-breakers-for-college-students/) | 9-12 |