**Racism, Equity, and Diversity**

|  |  |  |
| --- | --- | --- |
| **Topic** | **Activities/Tools** | **Readings** |
| **What is Oppression?** | [Microaggressions worksheet](https://www.washington.edu/teaching/files/2016/12/InGroupOutGroupLessonPlan.pdf)  [Killing Me Softly](http://fobettarh.github.io/Killing-Me-Softly/)  [Hatch Discussion Guide](http://media.sheknows.com/article-downloads/hatch-discussion-guide.pdf) | [Are Prisons Obsolete?](https://drive.google.com/file/d/0B_rHUPTSbSn0LVB3QXpBWS05bEk/view?usp=sharing)  [What is Racism?](http://www.dismantlingracism.org/racism-defined.html)  [White Fragility](https://libjournal.uncg.edu/ijcp/article/viewFile/249/116)  [Youth of Color Mentoring (includes resource list)](https://nationalmentoringresourcecenter.org/index.php/30-topic-areas/180-youth-of-color.html) |
| **Responding to Oppression?** | [Psychological First Aid](https://www.nctsn.org/treatments-and-practices/psychological-first-aid-and-skills-for-psychological-recovery/about-pfa)  [Tools for Organizational Self-Assessment](https://drive.google.com/file/d/0B_rHUPTSbSn0cmdHMVVGWWVNVFk/view?usp=sharing) | [HEADS UP Critique](https://drive.google.com/file/d/0B_rHUPTSbSn0NHpKaURMU19VaUU/view?usp=sharing)  [Decolonization](https://drive.google.com/file/d/0B_rHUPTSbSn0M2trSi1ocEN3TTg/view?usp=sharing) (in the context of Higher Education)  [Equity and Empowerment Lens](https://multco.us/diversity-equity/equity-and-empowerment-lens) |
| **Ice-Breakers** |  | [Service Learning Worksheet](https://drive.google.com/file/d/0B_rHUPTSbSn0X2pXemJoN2s2dVE/view?usp=sharing) |

**College Access Corps Required Components and Suggested Activities by Grade**

|  |  |  |  |
| --- | --- | --- | --- |
| **Component** | **Grades 4-5** | **Grades 6-10** | **Grades 11-12** |
| **1. Academic Support**  Discuss ongoing academic expectations  General academic skills development | Purpose:   * Help students develop a postsecondary identity * Help students strengthen literacy and math skills * Help students achieve and/or maintain good grades   Possible activities:   * Provide [academic support](https://www.khanacademy.org/) with homework * Provide academic skills workshops (relevant to your population):   + Classroom skills   + [Study skills](http://www.k5learning.com/study-skills)   + [Writing skills](http://www.readingrockets.org/article/teaching-elementary-school-students-be-effective-writers) | Purpose:   * Discuss why academic skills are important (especially within the framework of a postsecondary identity) * Introduce [topic of college entrance requirements,](https://www.scholarships.com/resources/college-prep/preparing-for-college/high-school-action-plan/) as well as what requirements for other postsecondary pathways might be. * Help students strengthen academic skills, and achieve and/or maintain good grades   Possible Activities:   * Provide [academic support](https://www.khanacademy.org/) with homework * Provide academic skills workshops (relevant to your population):   + [Time management](https://drive.google.com/file/d/0B0ZXbGDHz_EydkVfekt4UDF5dW8/view?usp=sharing)   + Test taking & test anxiety   + [Study skills](https://drive.google.com/file/d/0B0ZXbGDHz_EybEZlRW5fSUVFblk/view?usp=sharing)   + [Writing skills](https://www.edutopia.org/blog/creating-writers-workshop-secondary-classroom-shelby-scoffield) | Purpose:   * Reinforce why academic skills are important (especially within the framework of a postsecondary identity) * Discuss college entrance requirements alongside the requirements for other postsecondary pathways. * Discuss “[college level” work](http://www.apa.org/ed/precollege/ptn/2014/08/college-freshmen.aspx) and college academic expectations * Help students strengthen academic skills, and achieve and/or maintain good grades   Possible Activities:   * Provide [academic support](https://www.khanacademy.org/) with homework * Provide academic skills workshops (relevant to your population):   + [Time management](https://drive.google.com/file/d/0B0ZXbGDHz_EydkVfekt4UDF5dW8/view?usp=sharing)   + Test taking & test anxiety   + [Study skills](https://drive.google.com/file/d/0B0ZXbGDHz_EybEZlRW5fSUVFblk/view?usp=sharing)   + [Writing skills](https://education.depaul.edu/student-resources/academic-success-center/Documents/501writingprompts.pdf)   + [Reading skills](https://drive.google.com/file/d/0B0ZXbGDHz_EyaHV2SEFwcGM5aDQ/view?usp=sharing) |
| **2. College/Postsecondary Awareness**  General college information  Postsecondary options  Campus visits | Purpose:   * Provide introductory information about [what college is](http://www.wacampuscompact.org/Docs/CAC/Member%20Resources/4th%20-%205th%20College%20Options%20&%20Scholarships%20Workshop.pdf), what other postsecondary why it is important, and basic types of colleges   Possible Activities:   * Classroom or individual discussion * Visits from college students * Campus visits * College Game | Purpose:   * Provide information about different postsecondary [options](https://drive.google.com/file/d/0B3w6KZnJbasTMHFIb3RNcHFVUFk/view?usp=sharing), as well as information on what life with each of those options might be like   Possible Activities:   * [College Jeopardy](https://jeopardylabs.com/play/what-do-you-know-about-college-jeopardy2) * Visits from college students * Campus visits * Online [searches](http://www.wacampuscompact.org/Docs/CAC/Member%20Resources/6-10%20College%20Search%20Description.pdf) | Purpose:   * Provide detailed information about different postsecondary option   Possible Activities:   * Classroom or individual discussion * Visits from college students & college representatives * Campus visits * College fair attendance |
| **3. College/Postsecondary Admissions**  College and other postsecondary pathways admissions process  College and other postsecondary pathways application support | N/A | Purpose:   * Provide detailed information about the [college admissions process](https://bigfuture.collegeboard.org/get-in/applying-101/applying-to-college-faq), as well as other postsecondary avenues that interest relevant youth populations   Possible Activities:   * Discuss high school courses required for admission at relevant colleges and other postsecondary pathways * Review [PPS graduation requirements](https://www.pps.net/Page/1642) * Discuss the kinds of extracurricular activities that might be helpful for certain goals | Purpose:   * Provide detailed information about the [college admissions process](https://bigfuture.collegeboard.org/get-in/applying-101/applying-to-college-faq), as well as other postsecondary avenues that interest relevant youth populations   Possible Activities:   * Discuss [Common Application](http://www.commonapp.org/) * Discuss the kinds of extracurricular activities that might be helpful for certain goals * Coaches assist seniors with both [college applications](http://mappingyourfuture.org/collegeprep/seniorcalendar.cfm) and other relevant applications |

|  |  |  |  |
| --- | --- | --- | --- |
| **Component** | **Grades 4-5** | **Grades 6-10** | **Grades 11-12** |
| **4. Financial Aid/Financing Postsecondary Aspirations**  General financial awareness  Guidance in financial aid process for college and other postsecondary pathways (including FAFSA support when appropriate) | N/A | Purpose:   * Educate students about financial awareness (this can and should be relevant to the specific populations being served)   Possible Activities:   * Workshops on money management * Basic exploration of financial aid options * Sign up middle school students for state financial aid program | Purpose:   * Educate students about the costs of college, [financial aid options](http://www.finaid.org/), and [the Federal financial aid process](https://studentaid.ed.gov/sa/fafsa) * Educate students about the costs of other postsecondary pathways and provide information on possible ways to finance said pathways   Possible Activities:   * Discuss scholarships, loans, grants, work-study, etc. * Workshops on money management and local resources * Coaches assist seniors with the FAFSA |
| **5. Education & Career Plan**  Education plan  Career exploration | Purpose:   * Guide students in basic career exploration * Get students excited about their [future options](http://www.wacampuscompact.org/Docs/CAC/Member%20Resources/4th-6th%20Reaching%20and%20Achieving%20Goals(002).pdf), and show the connection to college * [Help students develop tools to articulate and develop their identities](http://www.wacampuscompact.org/Docs/CAC/Member%20Resources/4-5%20Tell%20Your%20Story.pdf)   Possible Activities:   * Age-appropriate [career exploration](https://kids.usa.gov/teachers/lesson-plans/jobs/government-jobs/index.shtml) games * Career panel | Purpose:   * Guide students in more in-depth [career exploration](http://www.wacampuscompact.org/Docs/CAC/Member%20Resources/6-12%20Step%20by%20Step%20College%20Awareness%20and%20Planning%20Early%20High%20School.pdf) and [career goals](http://www.wacampuscompact.org/Docs/CAC/Member%20Resources/11-12%20Identifying%20Career%20Goals.pdf) development   Possible Activities:   * Help students choose high school courses that will align with their future goals * Discuss what careers students are interested in, and what kind of education is needed for these careers * Career panel * Resume building * Discuss classes needed to prepare to pursue education for career of choice | Purpose:   * Guide students in more in-depth [career exploration](http://www.wacampuscompact.org/Docs/CAC/Member%20Resources/6-12%20Step%20by%20Step%20College%20Awareness%20and%20Planning%20Early%20High%20School.pdf) * Provide in-depth information on the [educational requirements of specific careers](http://www.educationplanner.org/index.html)   Possible Activities:   * Discuss what career fields students are interested in, and what kind of education is needed for these careers * Career panel * Job shadow or site visit * Exploration of possible [college majors](http://collegemajors101.com/) * Age-appropriate career exploration games |
| **6. Support System**  Develop a support system of people that youth can talk to about college and other postsecondary plans and goals | Purpose:   * Assist in creating a support system of teachers, counselors, mentors, parents, other adults to help support students in developing their postsecondary identities   Possible activities:   * Discussions and bonding activities with coaches * Communication with school staff and family as needed, and as program permits | Purpose:   * Assist in creating a support system of teachers, counselors, mentors, parents, other adults to help support student’s college going identity.   Possible activities:   * Discussions and bonding activities with coaches * Communication with school staff and family as needed and as program permits. | Purpose:   * Assist in creating a support system of teachers, counselors, mentors, parents, other adults to help support student’s college going identity   Possible activities:   * Discussions and bonding activities with coaches * Communication with school staff and family as needed, and as program permits |

Additional Activity Examples

|  |  |  |
| --- | --- | --- |
| **Component** | **Resource** | **Grades** |
| 1. Academic Support | [A Guide for Homework Help](https://www2.ed.gov/PDFDocs/hyc.pdf)  [Study Tips](https://www.understood.org/en/school-learning/learning-at-home/homework-study-skills/how-to-help-your-teen-develop-good-study-habits)  [Note Taking](https://www.youtube.com/watch?v=UAhRf3U50lM) | K-12  9-12  4-12 |
| 2. College Awareness | [Planning for College](http://www.going-to-college.org/planning/activities.html)  [College Activities for Middle Schoolers](https://www.michigan.gov/documents/mentormichigan/Middle_-_Match_Activity_Ideas_354660_7.pdf)  [Counseling and Education Reform](http://www.ecs.org/clearinghouse/78/25/7825.pdf) | 9-12  6-8  9-12 |
| 3. College Admissions | [Ready, Set, Grad!](http://readysetgrad.org/)  [SAT Practice Test](https://www.khanacademy.org/test-prep/sat)  [SAT student guide](https://collegereadiness.collegeboard.org/pdf/sat-student-guide.pdf) | 6-12  10-11  10-11 |
| 4. Financial Aid | [Scholarships](https://www.scholarships.com/)  [Practical Money Skills- Lesson Plans](https://www.practicalmoneyskills.com/foreducators/lesson_plans/)  [FAFSA by High School Completion](https://studentaid.ed.gov/sa/about/data-center/student/application-volume/fafsa-completion-high-school) | 11-12  K-12  11-12 |
| 5. Educational and Career Plan | [Career Exploration](https://theschoolcounselorkind.wordpress.com/2014/05/26/career-unit-k-5/)  [Career Exploration](https://bigfuture.collegeboard.org/explore-careers)  [Career Outlook](https://www.bls.gov/careeroutlook/home.htm) | K-5  8-12  9-12 |
| 6. Support System | [More Ice Breakers](http://hative.com/ice-breakers-for-college-students/) | 9-12 |